



“Fenimorian News from the Pews”

July-August 2022 – Volume 1 No 4

Bi-Monthly Newsletter

God’s Gift of Water:



Love, Joy and Peace Fenimorian Family,

As summer approaches many of us look forward to and/or reminisce about idyllic days spent at the beach with family and friends weather growing up on one of the beautiful “sun-soaked” islands, or on the pristine shores of the Carolinas or even the well-known Brooklyn’s Coney Island!! John 21:1-13 tells us of the “seaside breakfast” by the Sea of Galilee that Jesus prepared for his disciples after He was raised from the dead. If you close your eyes, you may be able to imagine that early morning long ago; the sound of the sea, the aroma of fresh fish cooking over the burning coals as Jesus beckoned them to join him.

We know that water is a life sustaining gift from God that is mentioned throughout scripture both spiritually and physically. The bible opens with Genesis 1:2 telling us that the Spirit of God was hovering over the water on the very first day and closes with Revelation 22:17 stating that “Let the one who is thirsty come; and let the one who wishes take the free gift of the water of life.”

As we safely enjoy the gift of summer let us

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remember Jeremiah’s words that describe God as the “spring of living water” and then let’s all rejoice and give thanks!!! Have a peace-filled summer.

Sis Kim Jackson, Newsletter Ministry

Upcoming Church Events:

- **Food Pantry Distribution hosted by Ladies in Waiting in Fellowship Hall every Tuesday between 10:00am-1:00pm**
- **Grab & Go Breakfast hosted by Family Life Ministry every 4th Tuesday starting at 10:00am in Fellowship Hall**
- **Prayer on Zoom every Tuesday @ 8:00pm**
- **Bible Study is suspended for the summer and will resume on Wednesday 9/7/22**
- **Senior Citizen Center in Fellowship Hall Mondays, Wednesdays & Thursdays 10:00am-4:00pm**

From the Desk of the Pastor Jackson:



Grace, mercy and peace!

The summer season has arrived.

It’s a time when we plan vacations, and look for opportunities to have some “me” time. While that

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is good and healthy, scripture implores us as disciples of Christ to deny ourselves of thoughts and behaviors that are ingrained in the lives of worldly-minded people. The Apostle Paul in his letter to the Galatian church declares that “I have been crucified with Christ and I no longer live, but Christ lives in me. The life I now live in the body, I live by faith in the Son of God, who loved me and gave himself for me” (2:20)

I pray that we take some time during this season to reflect on the ways in which we have with joy died to self. Following are some ways of knowing that you died to self by an unknown author:

“When you are forgotten or neglected or purposely set at naught and you don’t sting and hurt with the insult or the oversight, but your heart is still happy being counted worthy to suffer for Christ,

THAT IS DYING TO SELF!”

“When your good is evil spoken of, when your wishes are crossed, your advice disregarded, your opinions ridiculed, and your best intentions misinterpreted and you refuse to let anger rise in your heart or even defend yourself but rather take it all in patient loving silence knowing that Christ alone is your defender,

THAT IS DYING TO SELF!”

“When you patiently bear annoyance, disorder, inconvenience, irregularity and even impunctuality from others, when you feel your time has been wasted and you’ve been treated harshly and unfairly and yet you still respond in love, maintain your peace and enduring these things with meekness as Jesus endured,

THAT IS DYING TO SELF!”

“When you don’t care to refer to yourself in conversations, when you don’t feel the need to boast of your accomplishments and record every good deed you do for the world to see, when you don’t itch after commendation and applause, when you

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don’t mind when others are acknowledged and your name is ignored, when you’re more concerned with being faithful to God’s call, when you are OK to be unknown,

THAT IS DYING TO SELF!”

“When you see a brother or sister prospering, when you see him or her succeeding with a project that you contributed to and yet you can honestly rejoice with him or her in spirit, being happy to remain behind the scenes, not questioning God, but being grateful that the work is being accomplished so that God is glorified,

THAT IS DYING TO SELF!”

May it be so!

Have a blessed and safe summer season!



The Importance of Water



DISCIPLINES

A BOOK OF DAILY DEVOTIONS 2022

By Rose Schrott – Reflection: “Transformative Blessings-5/21/22.”

Read scripture: Revelation 22:1-5

“Water is essential to embodied life: Not only are human beings 60 percent water, but we last only three days without drinking it. For those who lived in the semi-arid world of the Mediterranean basin, the reliable water of rivers was a valuable resource.

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This passage tells us that the water flowing from the divine throne of God the Father and Jesus the Lamb is remarkably pure and bright as crystal. Further, it is found splashing up and out of the center of the street—available to all, unlike clean water in the Roman Empire and in many places today.

Water language describes God's presence throughout the Bible. For instance, Ezekiel 47:1-12, Joel 3:18 and Zechariah 14:8 all depict water flowing from the future Zion—that perfect kingdom in which God dwells with God's people. Jesus describes himself as the water of life throughout the Gospel of John (see John 7:37 and 4:14). And the Holy Spirit is poured out and fills people like water.

But there is perhaps a deeper meaning to the symbolic biblical language of water. To know God is to be connected to the source of all life. By God's grace, we get to drink the living water—in eternity, yes, but also here and now. We get to taste what it means to be alive. We get to bathe in divine waters and know that God, like water, sustains us, cleanses us, and comprises our very being.

As we are reminded in the sacrament of baptism or even by a hot shower, cool glass of water, or a walk by the sea, the physical and spiritual are not separate. God gives us the blessing of life through the living water. And we are constantly reminded of this grace if we have eyes and hearts to see."

Submitted by Sis Kim Jackson

Art from the Heart



THE DIFFERENCE

I got up early one morning and rushed right into the day;

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I had so much to accomplish that I didn't have time to pray.

Problems just tumbled about me and heavier came each task, "Why doesn't God help me?" I wondered. He answered "You didn't ask."

I wanted to see joy and beauty, but the day toiled on, gray and bleak: I wondered why God didn't show me, he said "But you didn't see."

I tried to come into God's presence; I used all my keys at the lock. God gently and lovingly chided, "My child, you didn't knock."

I woke up early this morning and paused before entering the day; I had so much to accomplish, that I had to take time to pray!!



Author- Unknown

Submitted by: Sis Cynthia Grant

Words of Wisdom

"Individually, we are one drop. Together, we are an Ocean."

~ Ryunosuke Satoro ~



'PEACE DOESN'T COME FROM FINDING A LAKE WITH NO STORMS. IT COMES FROM HAVING JESUS IN THE BOAT.'

John Ortberg



Continuation from page 4 column 1 (Have You Heard?)

Water is the primary mode of transportation for all nutrients in the body and is essential for proper circulation.

Provided from Allaboutwater.org

DID YOU KNOW THAT:

Life on earth cannot survive without this natural resource which supports all life including humans, animals, fish, and plant life but some can use salty or fresh, hot or cold water.

Water is absolutely essential to the human body's survival. A person can live for about a month without food but less than a week without water.

Water aids in the digestion process and prevents constipation.

Water helps to maintain healthy body weight by increasing metabolism and regulating appetite.

Water leads to increased energy levels. The most common cause of daytime fatigue is actually mild dehydration.

Drinking adequate amounts of water can decrease the risk of certain types of cancers, including colon, bladder and breast cancer.

For a majority of suffers, drinking water can significantly reduce joint and/or back pain.

Water leads to overall greater health by flushing out wastes and bacteria that can cause disease.

Water can prevent and alleviate headaches.

Water naturally moisturizes skin and ensures proper cellular formation underneath layers of skin to give it a healthy, glowing appearance.

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Teacher: "What's the chemical formula for water?"

Student: "HIJKLMNO"

Teacher: "What are you talking about?"

Student: "Yesterday you said it's H to O."

Submitted by Amy Anderson 1/22

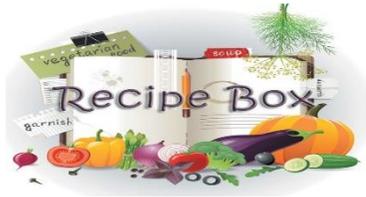
"What types of boats do believers want to go on?
Discipleship and Worship."

"What size was the lumber that was made to build the ark? *2x2.*"

(Author Unknown)



Yummy Scratch Dishes:



Featuring: *Sister Cynthia Grant*

Impossible Spinach Pie



Ingredients:

- 1 package (10 oz.) frozen spinach
- ½ cup chopped onions
- 1 cup shredded Swiss cheese
- 3 eggs
- 1 & ½ cup milk
- ¾ cup Bisquick baking mix
- 1 tsp salt
- ¼ tsp black pepper
- ¼ tsp ground nutmeg

Method:

Heat oven to 400 degrees

Lightly grease pie plate or baking dish

Cook spinach in 1 cup water and ½ tsp salt
(about 5 minutes)

Drain thoroughly

Mix spinach, onion and cheese and spread
over bottom of pie plate or dish

Beat remaining ingredients until smooth by
hand for 1 minute or 5 seconds in blender

Pour mixture over spinach and bake for 30
minutes or until knife inserted in center comes
out clean.

Cool 5 minutes then serve

BON APPETIT



YOUR FAITH IS MORE POWERFUL THAN YOUR FEAR

“Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.” **John 14:27 NIV**

This world will give you so many unknowns—whether that’s career-wise, love/relationships-wise, health-wise, status-wise or even where you call home. There are moments you can’t plan for, whether that has to do with your loved ones, your decisions, or how moments play out around you. In those moments you can fold, you can be anxious, you can live with regret or fear, or you can trust God.

LET YOUR FAITH IN THE FATHER BE BIGGER THAN ANY FEAR

Even when times are tough, even when you’re unsure where to go, even when you’re filled with doubt, know that God has a plan. Know that God isn’t just going to leave you in the dust. This world might not always make sense, and your prayers might not be answered in the way that you hope, but that doesn’t mean He’s ignoring you. Perhaps an **unanswered prayer** is a blessing you never know you needed. Perhaps a closed door is an opened one down the road. Perhaps the pain you’re feeling is a powerful lesson in strength. Perhaps you simply need a reminder that you serve an all-powerful God.

Author- Unknown

Submitted by: Deborah Jackson

SOMETHING TO: **Ponder**

Did is a word of achievement
Won is a word of rebellion
Might is a word of mediocrity
Can't is a word of defeat and fear
Ought is a word of duty
Try is a word of little faith
Maybe is a word of procrastination
Will is a word of courage
Can is a word of power and self-determination
Doing is a word of progress and fulfillment
Done is a word of success.

Taken from On Call, a non-sectarian program committed to the belief that spiritual nurturing is essential to life.

Contributed by: Sis. Cynthia Grant



TEST YOUR BIBLE KNOWLEDGE

1. The name of the body of water that was parted. _____
2. John the Baptist baptized Jesus in this river. _____
3. What river did Jochebed place her son Moses in? _____
4. The Lord said to Noah, "I am going to bring _____ on the earth to destroy all life under heavens, every creature that has the breath of life in it. But I will establish my covenant with you."

* Answer key appears on last page

Summer-born Fenimorians Birthday Prayer

*Although the author is unknown this prayer sums up all that is hoped for **each** of our July & August born Fenimorians.*

Newsletter Ministry

May God remember you like Noah, favor you like Moses, honor you like Mary, fight for you like the Israelites, prosper you like Isaac, promote you like Joseph, intervene for you like Esther, protect you like Daniel, use you like Paul, heal you like Naaman, answer you like Elijah, anoint you like David, and keep you safe like Shadrach, Meshach, and Abednego.



A HAPPY & BLESSED BIRTHDAY



Her pew

In Loving Memory of Sister Darlene Pantophet

Rest In Peace



Answer Key

1. Red Sea
2. Jordan River
3. Nile River
4. Floodwaters- (Genesis 6:17)

Newsletter Ministry:
Kim Jackson and Gillian Prince – Co-Editors
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